

Free Lunch!

Key Stage 1

Every child in Reception, Year 1 and Year 2 is entitled to a free school lunch.

A healthy lunch will benefit your child by:

- Providing a balanced meal which improves concentration and learning in the afternoon.
- Introducing your child to a wide range of foods
- Developing their social skills, children sit down at a table together and enjoy a meal,

You do not need to apply, though you will need to order the meals so please contact your child's school for further information.

Our Local Barnsley Suppliers

G A Kelly

G A Kelly, based in Barnsley provide quality fresh fruit and vegetables to Food & More's Barnsley schools

Are your children eating School meals?

Healthy, well fed children are better learners and have the best chance to succeed. They are:-

- Better behaved.
- More alert with higher levels of concentration.
- Proven to have better academic improvement.

School meals are nutritious, healthy and tasty!

Key Stage 2

Children in Key Stage 2 are also entitled to free school meals if parents are receiving:

- Income Support
- income based Employment & Support Allowance
- income based Jobseekers Allowance
- support under part VI of the Immigration and Asylum Act 1999
- the Guaranteed element of State Pension Credit
- Child Tax Credit provided your annual income as assessed by the Inland Revenue does not exceed £16,190 and provided that Working Tax Credit is not included.

How to apply

Ask for an application form from your child's school.

Contact Food & More

Telephone: 07891 567664
Email: jillian.Hirst@carillionplc.com
Mail: Food & More
Carillion Local Government Services
c/o Park Street Primary School
Park Street Wombwell
Barnsley S73 0HS

Further Information is available from
www.foodandmore.uk.com or
www.facebook.com/foodandmore



Food & More is Carillion's catering business and offers bespoke catering solutions to the education and business sectors across the UK. Food & More provides catering services to 200 schools throughout the UK.



FOOD & MORE
fresh food. fresh thinking

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THE MENU

Autumn/Winter 2016/17



Did you know?

- All our eggs are Free Range
- Over 75% of our meals are freshly prepared using seasonal ingredients
- We use Local Suppliers for fruit & Vegetables
- All our menus comply with the Government School Food Standards



Week One

27/2/17 20/3/17 24/4/17 15/5/17 12/6/17
3/7/17 24/7/17

MONDAY

Beefburger in a Bun with Tomato Salsa OR Quorn Tikka
Brown Rice and Naan Bread
Homemade Jacket Wedges Peas or Baked Beans
Apple Crumble and Custard

TUESDAY

Roast Chicken Breast with Gravy and Cranberry Sauce OR
Cheddar Cheese Omelette
New Potatoes Fresh Cabbage OR Baked Beans
Chocolate and Orange Roll with Custard Sauce

WEDNESDAY

Butchers Pork Sausages (onion gravy available) OR Roasted
Vegetable Pasta pot with Garlic Bread
Mashed Potatoes Mixed Vegetables
Jam and Coconut and Custard

THURSDAY

Roast Pork Yorkshire Pudding with Gravy and Apple
Sauce OR Veggie Grill with Tomato
Roast Potatoes Fresh Broccoli and Carrot and Swede
Dice
Cornflake Crispy Bun OR Fresh Fruit Salad

FRIDAY

Breaded Oven Baked Fish fingers and Tomato
Ketchup OR Meat Free Meatballs in Gravy
Chips Garden Peas OR Baked Beans
Homemade Shortbread and Fresh Orange

Week Two

6/3/17 27/3/17 1/5/17 22/5/17 19/6/17
10/7/17

MONDAY

Chicken Tikka Masala with Boiled Rice OR Vegetable
Sausages and BBQ Dip
New Potatoes Sweetcorn and Peas
Mandarin Drizzle Sponge and Custard

TUESDAY

Roast Beef Yorkshire Pudding and Gravy OR Cheese
and Potato Cake
Roast Potatoes Fresh Cabbage and Fresh Carrots
Vanilla Ice Cream and Pineapple

WEDNESDAY

Ham and Cheese Pizza OR Quorn Roast
Homemade Jacket Wedges Spaghetti Hoops or Peas
Chocolate Chip Sponge and Custard

THURSDAY

Roast Pork served with Gravy and Apple Sauce OR
Mediterranean Pizza Slice
Mashed Potatoes Fresh Broccoli and Fresh Carrots
Jam Shortbread Square

FRIDAY

Salmon Nuggets with Tomato Ketchup OR
Cheddar Cheese and Bean Wrap
Chips Peas or Baked Beans
Fruit Crumble and Custard

Week Three

13/3/17 3/4/17 8/5/17 5/6/17 26/6/17
17/7/17

MONDAY

Minced Beef and Vegetables OR 3 Bean Chilli and Brown Rice
New Potatoes Green Beans and Carrots
Peach Crumble and Custard

TUESDAY

Roast Chicken served with Gravy and Cranberry Sauce OR
Savoury Quorn Tortilla
Mashed Potatoes Fresh Cauliflower and Fresh Cabbage
Iced Cake Slice and Fresh Fruit

WEDNESDAY

Lasagne served with Garlic Bread OR Veggie Burger in Bun
Homemade Jacket Wedges Sweetcorn and Peas
Cherry Sponge and Custard

THURSDAY

Roast Beef Yorkshire Pudding and Gravy OR
Sweet and Sour Vegetables with Egg Noodles
Roast Potatoes Fresh Broccoli or Fresh Carrots
Jelly with Fruit Salad

FRIDAY

Breaded Fish Fillet with Parsley Sauce or
Tomato Ketchup OR Cheese and Tomato
Pizza
Chips Peas and Baked Beans
Chocolate Mousse

Allergy advice - all our food is prepared in a kitchen where nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. Any fish we serve will vary depending on availability. We only select fish from sustainable sources. (V) Suitable for vegetarians or vegetarian option available. Our fish and chicken dishes may contain bones.