

# Week 1

WEEK COMMENCING: 9TH APRIL/30TH APRIL/21ST MAY/18TH JUNE/9TH JULY/10TH SEPT/1ST OCT/22ND OCT

## MONDAY

Chicken Curry & Rice

V Margherita Pizza

Jacket Potato with Tuna Mayo  
Coleslaw V Cheese V or Beans V

Cheese V Tuna Mayo  
or Ham Sandwich

Green Beans  
Carrots

Fruity Flapjack

## TUESDAY

Beef Lasagne

V Italian Tomato & Basil Pasta

Jacket Potato with Tuna Mayo  
Coleslaw V Cheese V or Beans V

Cheese V Tuna Mayo  
or Ham Sandwich

Broccoli  
Sweetcorn

Peach Fool & Shortbread

## WEDNESDAY

Roast Chicken & Gravy with Roast  
Potatoes & Yorkshire Pudding

V Quorn Toad in the Hole &  
Gravy with Roast Potatoes

Jacket Potato with Tuna Mayo  
Coleslaw V Cheese V or Beans V

Cheese V Tuna Mayo  
or Ham Sandwich

Mixed Vegetables

Lemon Drizzle Cake

## THURSDAY

Pork Sausage Hot Dog

V Rainbow Frittata  
& Crushed Potatoes

Jacket Potato with Tuna Mayo  
Coleslaw V Cheese V or Beans V

Cheese V Tuna Mayo  
or Ham Sandwich

Peas  
Sweetcorn

Apple Sponge with Custard

## FRIDAY

 Fish Fingers & Chips

V Quorn Burger & Chips

Jacket Potato with Tuna Mayo  
Coleslaw V Cheese V or Beans V

Cheese V Tuna Mayo  
or Ham Sandwich

Mushy Peas  
Baked Beans

Chocolate Muffin

# Week 2

WEEK COMMENCING: 16TH APRIL/7TH MAY/4TH JUNE/25TH JUNE/16TH JULY/17TH SEPT/8TH OCT

## MONDAY

Beef Burger & Baked Jacket Wedges

V Quorn Meatballs in  
Tomato Sauce with Pasta

Jacket Potato with Salmon Mayo  
Coleslaw V Cheese V or Beans V

Cheese V Tuna Mayo  
or Ham Sandwich

Green Beans  
Sweetcorn

Peach Upside Down with  
Custard or Ice Cream

## TUESDAY

Garlic & Lemon Chicken  
with Savoury Rice

V Margherita Pizza

Jacket Potato with Tuna Mayo  
Coleslaw V Cheese V or Beans V

Cheese V Tuna Mayo  
or Ham Sandwich

Peas  
Sweetcorn

Jelly & Mandarins

## WEDNESDAY

Roast Gammon & Gravy  
with Mashed Potato

V Macaroni Cheese

Jacket Potato with Tuna Mayo  
Coleslaw V Cheese V or Beans V

Cheese V Tuna Mayo  
or Ham Sandwich

Mixed Vegetables

Oat & Sultana Biscuit

## THURSDAY

Savoury Beef & Onion in Gravy with  
Roast Potatoes & Yorkshire Pudding

V Vegetarian  
Pasta Bolognese

Jacket Potato with Tuna Mayo  
Coleslaw V Cheese V or Beans V

Cheese V Tuna Mayo  
or Ham Sandwich

Broccoli  
Carrots

Pear & Berry Ripple Cake  
with Custard or Ice Cream

## FRIDAY

 Battered Fish & Chips

V Vegetarian Sausage  
& Chips

Jacket Potato with Tuna Mayo  
Coleslaw V Cheese V or Beans V

Cheese V Tuna Mayo  
or Ham Sandwich

Peas  
Baked Beans

Lemon Muffin

# Week 3

WEEK COMMENCING: 23RD APRIL/14TH MAY/11TH JUNE/2ND JULY/3RD SEPT/24TH SEPT/15TH OCT

## MONDAY

Sausage & Gravy  
with Mashed Potato

V Cheese & Vegetable Puff  
with Crushed Potatoes

Jacket Potato with Salmon Mayo  
Coleslaw V Cheese V or Beans V

Cheese V Tuna Mayo  
or Ham Sandwich

Mixed Vegetables

Pear & Vanilla Sponge  
with Custard

## TUESDAY

Beef Spaghetti Bolognese

V Shepherdess Pie

Jacket Potato with Tuna Mayo  
Coleslaw V Cheese V or Beans V

Cheese V Tuna Mayo  
or Ham Sandwich

Cauliflower  
Carrots

Apple & Berry Crumble  
with Ice Cream

## WEDNESDAY

Roast Pork & Gravy  
with Roast Potatoes

V Roasted Vegetarian Strips  
& Gravy with Roast Potatoes

Jacket Potato with Tuna Mayo  
Coleslaw V Cheese V or Beans V

Cheese V Tuna Mayo  
or Ham Sandwich

Cabbage  
Broccoli

Iced Sponge

## THURSDAY

Chicken & Sweetcorn Pizza

V Cheese & Tomato  
Pasta Bake

Jacket Potato with Tuna Mayo  
Coleslaw V Cheese V or Beans V

Cheese V Tuna Mayo  
or Ham Sandwich

Peas  
Sweetcorn

Berry Muffin

## FRIDAY

 Fish Fingers & Chips

V Quorn & Vegetable Fajita

Jacket Potato with Tuna Mayo  
Coleslaw V Cheese V or Beans V

Cheese V Tuna Mayo  
or Ham Sandwich

Peas  
Baked Beans

Crispy Cake

# The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.